



## EVENTS

- 8:00am Sub Junior (8 Years and Under) – 400m Run, 1.5km Cycle, 300m Run
- 8:30am Junior (9 – 14 Years) – 500m Run, 5km Cycle, 150m Swim, 2km Run
- 8:30am Enticer - 500m Run, 5km Cycle, 150m Swim, 2km Run
- 9:30am Open Sprint Triathlon (Sections for males and females and age groups) – 1km Run, 20km Cycle, 150m Swim, 5km Run
- Teams Events – Up to three participants to undertake one leg each
- 9:45am Fun Walk – 4.5km Walk

Registration from 7am

## CATEGORIES

| Sub Junior Events        |                      |
|--------------------------|----------------------|
| SA: 6 Yrs & Under Male   | SC: 7 & 8 Yrs Male   |
| SB: 6 & Yrs Under Female | SD: 7 & 8 Yrs Female |

| Junior & Enticer Events |                      |                     |                   |
|-------------------------|----------------------|---------------------|-------------------|
| JA: 9-11 Yrs Male       | JC: 12-14 Yrs Male   | ENF: Enticer Female | JT: Junior Team   |
| JB: 9-11 Yrs Female     | JD: 12-14 Yrs Female | ENM: Enticer Male   | ENT: Enticer Team |

| Open Sprint Triathlon |                 |                  |
|-----------------------|-----------------|------------------|
| A: Under 19 Male      | E: 30-39 Male   | I: 50+ Male      |
| B: Under 19 Female    | F: 30-39 Female | J: 50+ Female    |
| C: 19-29 Male         | G: 40-49 Male   | K: Open Team     |
| D: 19-29 Female       | H: 40-49 Female | L: Local Entrant |

## Entrant Details

Surname \_\_\_\_\_ First Name: \_\_\_\_\_

Address: \_\_\_\_\_ City: \_\_\_\_\_ Postcode: \_\_\_\_\_

Phone: \_\_\_\_\_ Email: \_\_\_\_\_

Age on 7/02/2021: \_\_\_\_\_ Date of Birth: \_\_\_\_\_ M/F

### Entry Fees: Early Bird entry fees are for all entries received on or before 12pm February 6, 2020

Tick box for option you are entering, Category Letters as described above.

- |   |                                      |                   |
|---|--------------------------------------|-------------------|
| <input type="checkbox"/> Individual   | Category: _____ Early Bird \$35      | After 6/2/21 \$40 |
| <input type="checkbox"/> Junior   | Category: _____ Early Bird \$15      | After 6/2/21 \$20 |
| <input type="checkbox"/> Enticer  | Category: _____ Early Bird \$20      | After 6/2/21 \$25 |
| <input type="checkbox"/> Sub Junior   | Category: _____ Early Bird \$10      | After 6/2/21 \$10 |
| <input type="checkbox"/> Open Team  | Category: _____ Early Bird \$45/team | After 6/2/21 \$50 |
| <input type="checkbox"/> Junior Team  | Category: _____ Early Bird \$25/team | After 6/2/21 \$30 |
| <input type="checkbox"/> Enticer Team   | Category: _____ Early Bird \$25/team | After 6/2/21 \$30 |
| <input type="checkbox"/> Walker   | _____ Early Bird \$5                 | After 6/2/21 \$5  |
| <input type="checkbox"/> Local Entrant (Coolamon Shire Council Resident or GGGM Football & Netball Club Member) |                                      |                   |

Team Name (If applicable) \_\_\_\_\_

### Participant's agreement – DECLARATION

I/We agree to compete in this event on the following basis: 1. I Acknowledge that competitive triathlon involves the real risk of serious injury or even death from various causes including overexertion, equipment failure, dehydration, accidents with other competitors, spectators or road users, and course or weather conditions to name a few. 2. I understand that I should not compete in this event unless I have trained appropriately, and a medical practitioner has verified my physical condition. 3. By competing, I accept all risks flowing from my participation that could result in loss of life or permanent injury. Accordingly, I release all people associated with the conduct of the event from, and will indemnify them against, all liability (including liability for their negligence) for all injury, loss or damage arising out of or connected with my participation in this event. This release and indemnity continues forever and binds my heirs, executors, personal representatives and assigns. 4. I consent to receiving any medical treatment that the event organisers think desirable during or after the event. 5. I consent to event organisers using my name, image and likeness, before, during or after the event for event promotional broadcasting or reporting purposes in any media. 6. Safety precautions undertaken by organisers (such as course supervision, race safety briefings, and bicycle and helmet safety checks) are a service to me and other competitors but are not a guarantee of safety. 7. I am fully responsible for the security of my personal possessions at the event. 8. My registration is not transferable to other people. If I am unable to compete my registration fee is non-refundable. 9. I agree to abide by all race rules and directions issued by the event organisers. 10. I certify that I am 18 years or older and I have read this document and fully understand it. Entry Conditions: 1. Entries will only be accepted on the entry form or photocopy thereof or via the online entry, duly completed and signed by the entrant/s or parent or guardian. 2. All entrants must complete the Entry Form, pay the entry fee and read and sign the participant's agreement. 3. Competitors must obey road rules at all times.

**Entrants Signature:** \_\_\_\_\_

Date: \_\_\_\_\_

**Or Parent/Guardian Signature:** \_\_\_\_\_

Date: \_\_\_\_\_

As parent or guardian of the competitor, I have read and fully understand this document. I agree to the above for myself and on behalf of my child. I indemnify and will keep indemnified all people associated with the conduct of the event.

**Payment by cheque, money order or direct deposit.**

**BSB: 325 185 Account Number: 03717842**

**Account Name:** GGGM School Boys Football, with Entrants Name in the description.

**Mailing Address:** GGGM Junior Football Club Triathlon, 4729 Canola Way, Ganmain, NSW